



Free Virtual Classes for all Michiganders 55+

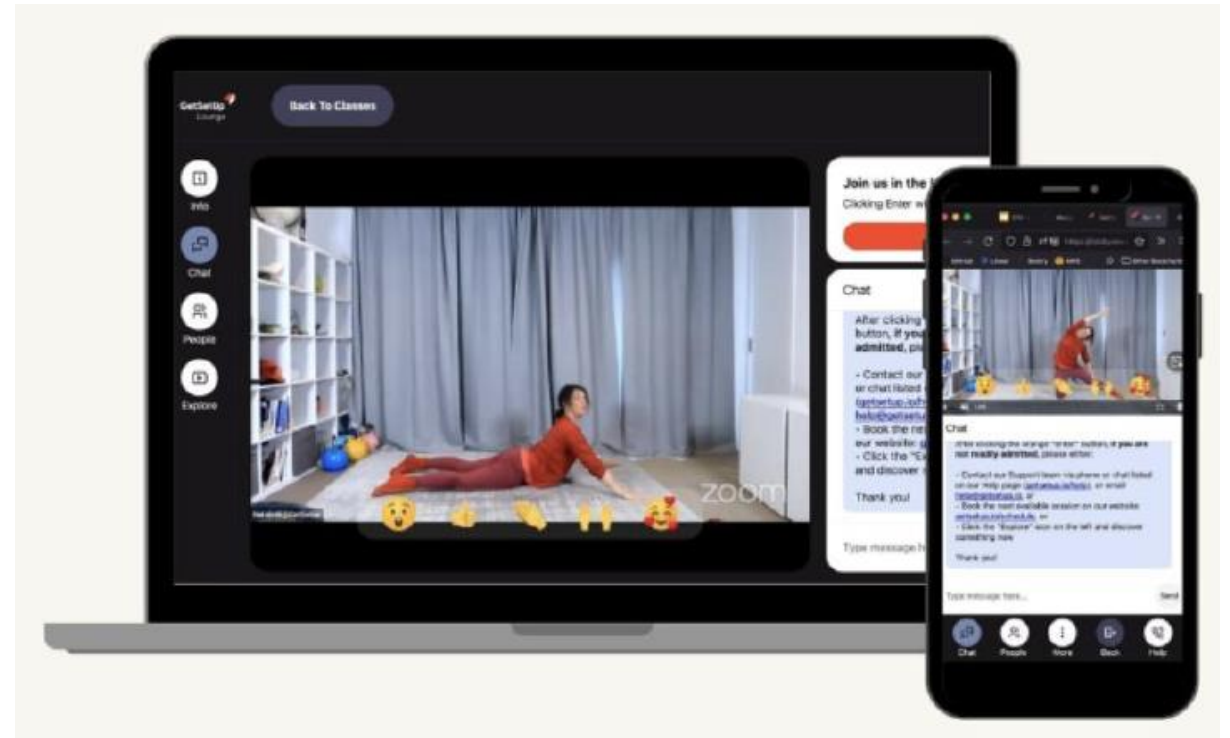


GetSetUp - A safe place for older adults to learn, connect, and share.

Kayla Smith, Health Promotion and Wellness Coordinator
Michigan Department of Health and Human Services

Virtual Community for Older Adults

- Technology built specifically for older adults
- Remove friction from connecting online
- Opportunities for diverse levels of access and interaction
- Connection beyond the classroom
- A safe and empowering environment
- Hosted in 4+ languages and growing
 - English
 - Spanish
 - Mandarin
 - Hindi





GetSetUp At A Glance

4M+ Older Adult Learners

24/7 Online Class Access

160 Countries Represented

4,000+ Live Classes Catalog

Image of Deb Livingston, domain expert Guide for Cooking/Food & Nutrition

GetSetUp Classes


4,000 + classes across

- Aging in Place
- Business Entrepreneurship
- Cooking/Food & Nutrition
- Exercise
- Health & Wellness
- Mental Enrichment
- Social Hours
- Technology
- Travel
- And more!



iPad Basics

 By Vicki Soll - United States

 07 Jul, 10:00 AM

[Book](#)



GetSetUp: New Member Orientation

 By Marv Thiem - United States

 08 Jul, 3:00 PM

[Book](#)



Using Your Android Smartphone

 By Lee Weinberg - United States

 22 Jul, 11:00 AM

[Book](#)



Blue Zones: What Are They?

 By Russ Eanes - United States

 Today, 3:00 PM

[Book](#)



Destination: Dublin

 By Jack Murphy - United States

 Today, 4:00 PM

[Book](#)



Stroke Awareness - Before it is too Late

 By Wendy Miller - United States

 Today, 4:00 PM

[Book](#)

Current Top Classes for Michiganders

- Indoor Walking Workout
- Cardio Dance
- Total Body Works
- Tai Chi: Shibashi
- Low Impact Aerobics
- Recycled Crafts: Making the Most of What you Have
- Morning Fitness – Let's Get Moving (aerobic exercise)



Get Started

GetSetUp: New Member Orientation

Encouraged starter class for learners, but staff as well to familiarize themselves with an in-class environment.



Marlene - Detroit, MI

GetSetUp Learner, 104 classes taken

I love the opportunities that GetSetUp provides for us. Classes are free [thanks to the Michigan Department of Health & Human Services partnership] and that makes it more manageable for everyone.

GetSetUp



www.getsetup.io

www.getsetupfriend.com

Access the Marketing Toolkit [Here](#)

For Help Contact GetSetUp:

1-888-559-1614

help@getsetup.io

Contact Information

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Thank You!